

A photograph of a man with short dark hair and a beard, wearing glasses and a white lab coat over a light blue striped shirt. He is sitting in a black office chair, looking thoughtfully to the right. His hands are clasped together in his lap. A stethoscope is draped around his neck. The background is a blurred office or clinical setting with a window.

REFLECTIVE PRACTICE MASTERCLASS

The Leadership Business
leadership training gets results

REFLECTIVE PRACTICE IS AN ESSENTIAL SKILL FOR DOCTORS

Reflective practice is a structured process of analysing and reviewing your professional activities. It involves detailed analysis of specific incidents and events, and their positive or negative outcomes.

The GMC have emphasised the need for increased reflection as part of the significant changes they have made to the process and structure of appraisal and revalidation.

Their expectation that all doctors will reflect on their practice has been well documented. For example, in the GMC document "Leadership and management for all doctors" (GMC 2012 p15 para 22) there is an unambiguous statement of the need for all doctors to reflect. It says:

"You should regularly reflect on your own performance, your professional values and your contribution to any teams in which you work."

Reflection will ultimately tell you what to do to maintain the standards of your practice, and what you can do to improve it.

THE REFLECTIVE PRACTICE MASTERCLASS

This 2 hour masterclass will help you to gain insight into your professional performance. Taking the time to build your skills in reflective practice will enable you to plan what you should stop doing, start doing, continue doing or change to improve.

In this masterclass you will learn:

- Why you should bother to reflect
- The links between reflection, insight and learning
- How to reflect effectively
- How to create a reflective environment
- The main areas of professional practice all doctors should reflect upon

You will also receive a copy of our Reflective Practice Workbook which includes templates to use and adapt to your situation. Reflective practice will provide you with supporting evidence for your appraisal and revalidation portfolio.

THE LEADERSHIP BUSINESS

The Leadership Business has spent an extremely successful 25 years providing outstanding, experiential leadership programmes throughout the UK and Europe. We are leaders in our field.

We have been successfully running leadership and management courses for doctors throughout the NHS for over 15 years. Our courses are described by attendees as excellent and the feedback is always positive.



We work to CIPD Professional Standards, so you are guaranteed a stimulating and memorable learning experience which will have a real and enduring impact on you for the rest of your career.

On the **Reflective Practice Masterclass** you will work interactively and be led by experts who will help you understand how to maintain the standards of your practice and discover what you can do to improve it. You will also have a set of Reflective Templates to use during and after the course and a Certificate of Attendance for your CPD records.

FEEDBACK

Here is what some of your colleagues have said about our leadership courses:

“Very useful. It made me reflect on my ways of leading my team.”

C. Soare, Consultant, ED

“Clear, thought provoking, informative.”

Dr Pedro Perez, Consultant Psychiatrist, Severn Deanery

BOOKING

Each masterclass can accommodate up to a maximum 40 people and is run at your location. Please contact us to arrange a suitable time.

To reserve a place call 0800 840 4122

or email enquiries@theleadershipbusiness.co.uk